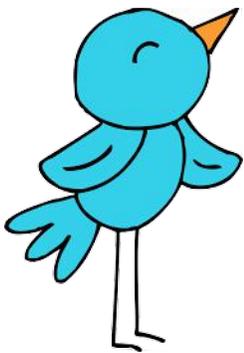


KAMSC's



84



STEPS

Senior Edition 2016



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Letter to the Seniors



I guess graduation is finally here. Cliché though it may be, it really does seem like not too long ago I was standing in Mr. Chopp's biology room while Natasha Goenawan (my loving and supportive first year buddy) shoved a mall probe into a fetal pig's nostril. Though this may seem like a more traumatic than fond memory, it certainly holds a place in my heart among numerous others you have shared with me... Very aggressive and quite possibly dangerous ERS matches at ACSL All-Star, CS classes mostly consisting of begging Mr. Houtrouw to share his life story rather than give us a quiz, moments of pure AP Chemistry confusion, the best science olympiad stair-stepping-machine-things, and a whole lot of laughs and mentorship.

I could write a nice little trite paragraph about how I'm excited for all the opportunities that await you wherever you may be headed or about how I know you'll do great things. Both of these are certainly true without a shadow of a doubt. But let's focus on what's really important: when you're all out conquering your new adventures, I'll miss you an awful lot. It's hard seeing the class I've looked up to, shared laughs with, and learned from for 3 years move on to bigger and better things. I'll be saying goodbye to quite a few close friends and that's hard for anybody. And it's even harder knowing that your class has left some big shoes to fill.

But, you've prepared us well. We know the physics secrets now. And we are ready to accept the honor of being KAMSC seniors and try to live up to the standards you have set. Good luck out there!



Funky Technology of the Summer



Zoha Aqeel

News

After a long, exciting, yet stressful year at KAMSC, it has finally *almost* come to the time that we have all been waiting for: summer. Although, no matter how much we await this beautiful time of the year, sometimes it gets just a tad bit boring. Here are a few funky gadgets that you may have not known existed:



Do you like to listen to music as you go to sleep? Maybe check out this interesting new gadget. This is a sleep-tracker headband that plays music from your phone wirelessly. With built-in-sensors, it can change the music you hear, and its volume, as you're sleeping.

Did you and your friend get lost without any service in the woods? The new goTenna is a product where you can text a friend without needing any cellular connection. Both you and your friend should have the goTenna and the app. Once you are both connected, if you get lost, you can text each other!



Pictures are a prime part of the summertime, although, sending the pictures out can be a pain. This time, why don't you try out Bevy? Bevy is a square device on which you can upload photos and have multiple people connected to it. The Bevy can hold up to 400,000 photos. Anyone can create an album and store pictures as long as they stay connected to this device!

Senior Recruit: Alexa Vanderhoff



How long have you been a runner?

I've been a runner ever since I can remember. I used to run around the neighborhood with the other kids all the time when I was younger, playing games like Ghost in the Graveyard or Capture the Flag. In fourth and fifth grade, I did the mile fun run, which is when I realized that I was good at running. However, I officially starting running in sixth grade by joining cross country.

What is your current fastest 5k time?

Just this past year in cross country, I set a personal record (PR) of 18:17.

How long have you been working with recruiters, and how did this impact your college application process?

I started the college process early. Way too early, in my opinion. My dad and I started visiting colleges in ninth grade and we met with coaches at each college. I regret this a little, only because as a first year, you don't know how you're going to do the next three years. So many things can happen in a sport. For me, I plateaued after ninth grade and I didn't get much faster until senior year. It was fortunate that I finally had a breakthrough this year because I was able to open up more options for myself to run in college. All of the schools that I applied to were schools that would allow me to run on their team and where I could compete. So unlike most other KAMSC kids, I didn't even apply to U of M because, as the number one cross country team in the nation, there was no way I would be able to run in the big meets and be competitive at that school. I couldn't even imagine not continuing my running career. I'm extremely thankful that I can continue to run in college.

What colleges were you debating between before choosing Miami University?

I was debating between Miami University (obviously), Michigan Tech, and George Washington University.

What made the difference between Miami University and the others?

When I visited Miami, I immediately fell in love with the campus, which is beautiful. Miami also offers my program of biomedical engineering and has a great pre-med program. My friend's dad, who's an orthopedic surgeon, graduated from Miami and he highly recommended it to me. I just think that it was the right fit for me.

What are the differences between college and high school running?

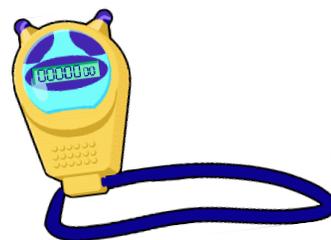
College running is so much more competitive than high school running. I'm going to be running in Division I next year, which has so many insanely fast runners. It's going to take some time to adjust to, but I think I can handle the step up and I look forward to the challenge. Also, in college cross country, we run a 6K instead of a 5K that we do in high school. Next year, I'll probably run the 5,000m and 10,000m in track, as well, which is a big step up from the 3200m that I run now.

What are your goals for your first collegiate cross country season?

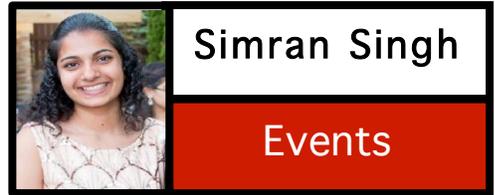
For my first collegiate cross country season, I hope to break 22:00 for a 6K, which is on pace with my current 5K PR. I just want to be competitive on the course and leave every ounce of effort out there.



Alexa Vanderhoff in the last 200 meters of the West Middle School 5k course.



Student Senate Update



The *Great Gatsby* themed spring dance was a success, with attendance numbers soaring to an all-time high. Thank you to all senate members and parents who contributed their time and effort in order to create a truly memorable dance. Good luck to next year's student senate!

Next years officers are as follows:

Co-Presidents: Dannielle Janowicz & Gerrit Rummel

Vice President: Amirah Bin-Mahfouz

Secretary: Stephanie Rauhoff

Treasurer: Andrew Beering



Happenings Around Kalamazoo

- June 1 - Society of Aviation Artists International Juried Exhibition
- June 2 – 5 - 3rd Annual Pickleball Fever in the Zoo
- June 3 -Kalamazoo Growlers Susan G. Komen Night
- June 3-4 - Ladies' Library Ice Cream Social
- June 10 – 11 – Kalamazoo Pride
- June 11 – Family Fishing Clinic
- June 16-18 – Kalamazoo Island Fest
- June 17-18 – Kalamazoo Klassic 5k Run/Walk
- June 24 – Movie in the park
- June 25 – Kalamazoo Backyard Barbeque
- July 7-9 – Kalamazoo Blues Festival
- July 9 – Kalamazoo Slide the City at WMU
- July 9 – Insane Inflatable 5k
- July 10 – Celery Flats Music Festival



Sports Corner: KAMSC Cricket



Ray Lewis, Peyton Manning, and Kobe Bryant; each went out on a high note to end their careers. My goal this year was to come out on top and retire a champion; however, having won two state championships the past two years, I knew this would be difficult to achieve. To be a champion, it takes hard work, dedication, passion, and a little luck, but somehow, somehow, this year I was able to complete the three-peat and end my career with a storybook ending.

This year's match was my most difficult, as the conditions were not favorable. The weather was unforgiving, with snowfall having occurred on that chilly day in May. Due to these factors, the ball would bounce in even more unpredictable ways, making it almost impossible to hit for batters and difficult for bowlers to hit the wickets with consistency. The match was a grueling three and a half hours; I'm not going to lie, at times I felt we might lose the game. Every second was a battle with the weather, other players, and myself, but as a team we all overcame these obstacles and came out on top. The bowlers were phenomenal under the strenuous circumstances and the batsman made the most out of their opportunities. Everyone played a great game and performed to the best of their abilities; that's all you can really ask for, the championship was just the icing on the cake.

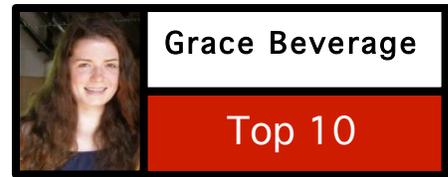
Am I going to miss this sport? Well, the answer is a resounding yes. There really aren't many opportunities available to play cricket within the United States, and surely no teams exist with a group of people similar to those that attend KAMSC. The experiences I've had the past three years playing cricket have been wonderful. I may not have been able to reach my goal of beating the record for runs in a match, but that is quite alright, because playing these matches with other students was enough to make my career in KAMSC cricket worthwhile.



Final Cricket Update:

Next year expect, more of the same; I hope you current KAMSC students attend next year's match and play. No experience or athletic ability is required, and I promise you that this is a decision you will not regret. What could be better than calling yourself a cricket state champion? Contact Mr. Sinclair for details.

Sports Corner: KAMSC Soccer



While known primarily for academics, the Kalamazoo Area Mathematics and Science Center has a proud history of dedicated student athletes. However, KAMSC itself lacks an official athletics program. For the past two years, some KAMSC students have been finding a way to play with their peers by organizing athletics unaffiliated with the school. Specifically, KAMSC upperclassmen have organized two seasons of indoor soccer over the past two years, allowing students to exercise their bodies with those who help them exercise their minds.

With one team of juniors and one team of seniors formed over the past two years, KAMSC teams have played a total of 32 games as a part of the SoccerZone co-ed high school B league. Season records for the teams have varied. Seniors of the year 2015 went undefeated, boasting a roster of two college bound players for a total of six varsity high school soccer players. The class of 2016 struggled their junior year, ending with a 3-5 record, but managed to flip this record to 5-3 in their senior season. The current junior team finished their season at 5-3.

Perhaps most the most interesting moments of both seasons were the Junior vs. Senior KAMSC games. While the seniors of 2015 squarely beat the juniors of 2015 by margins of at least 8 points each game, KAMSC vs. KAMSC games still were a showing of comradery between grades, with running jokes and even shared half-time snacks, pee-wee soccer style.

This year, the KAMSC vs. KAMSC games were more hotly contested, with team rosters being more evenly matched. The class of 2016 seniors brought home a win against the juniors in the first match-up, an 8-3 victory led by the goal-scoring Gull Lake Senior Chloe Lipovsky and Kalamazoo Central Senior Finneas Johnson. In the second match, juniors came out strong and won 8-7 in a fast-paced game.

When asked about the competitiveness of the sport, junior player Andrew Beering of Portage Central had this to say: “We’re completely competitive, maybe a bit overboard. We should have a school team.” Beering then added that KAMSC soccer is “a fun and a good way to get exercise and bond with my KAMSC classmates in a non-school setting”.

Senior Savannah Crooks, also of Portage Central, concurred with Beering’s excitement for KAMSC soccer, describing senior team spirit as “epic and sarcastic,” and expanding upon this in saying, “we have T-Shirts that say ‘Touchdown - KAMSC Soccer’ and almost 100% attendance every game”.

A sense of humor has definitely been important to all KAMSC teams. Along with the Senior’s laughable t-shirts, the Junior team came up with the team name “ABCDEFC” - or for those who are not professional soccer fans - the “ABCDE Futbol Club”.

For Crooks, another important aspect of KAMSC soccer is inclusion. “We opened the team to everyone in our grade, and if you want to get specific about playing time we split it equally, except for Finn. We let everyone play.”

Ultimately, a major goal of KAMSC soccer for both teams is for the teams to continue. As Portage Northern Senior Ben Beach states, “I hope this becomes a tradition and the sophomores form a junior team next year.”

2015-2016 Senior Roster (KAMSC)	2015-2016 Junior Roster (ABCDEFC)
Sami Ahmad Ben Beach Grace Beverage Brandon Born Alex Cannizaro Nathan Couk Savannah Crooks Finneas Johnson Chloe Lipovski Emily Veenhuis Paige O’Connor Andrew Keene Matthew Krinock Michael Orwin Evan Veenhuis (First year)	Aheer Alvi Andrew Beering Lizzie Kimmel Ava Wood Lily Kitagawa Kristina Mills Jesse Pollens-Voigt Claire Holly Alex VonHof (Sophomore)



Back row: Alex Cannizaro, Finneas Johnson, Brandon Born
Middle row: Paige O’Connor, Chloe Lipovsky, Ben Beach, Sami Ahmad, Nathan Couk, Emily Veenhuis, Savannah Crooks, Grace Beverage, Andrew Keene
Front row: Jesse Pollens-Voigt, Lily Kitagawa, Claire Holly, Aheer Alvi, Lizzie Kimmel, Andrew Beering, Alex VonHof

Ten Stages of Preparing for Summer



1. **Excitement:** Is it really almost summer? Could this school year be mercifully ending?
2. **Realization:** Oh no...finals are coming.
3. **Panic:** FINALS ARE COMING T-MINUS 2 WEEKS RED ALERT RED ALERT!
4. **Sleeplessness:** Needs? Who sleep it. *yawn*
5. **Anticipation:** This exam is going to put me through the ringer and it's just a matter of time...but when it's over I'm free...I don't know how to feel...
6. **Patience:** Okay, just read one more page. No, not Netflix. How did my phone even get in my hand? Put it away. Just one more page.
7. **Boredom:** Classes are so slow at the end of the year...sooooo sloooow. Why don't I just do my exam studying in class instead of staying up until 12 every night?
8. **Excitement pt. II:** It really is almost summer! All I have left is my advanced seminar exam then I'm DONE!
9. **Planning:** Okay, so if I'm going to take chemistry next year I should probably brush up on my skills over the summer, maybe borrow a textbook. And I should buy a math practice book! Also I've got to be sure to plan lots of time with my friends, maybe a standing weekly bonfire or a trip to a drive in movie or a few day trips...we could go to the zoo, to Chicago, up to the outlet mall...
10. **Realization pt. II:** sounds like a lot of work, I'm probably not going to do any of that stuff.



Favorite Memories



As we come close to the end of the school year, students begin to think about highlights of this year. Ranging from film fest to building cabinets, here are some memories students think of as their favorites.

My favorite part was having only two classes at KAMSC and having a free fourth hour to relax and do homework! It made my second semester very easy and relaxing, and I totally recommend it to Juniors.

-Kento Hirakawa, Senior

Something I distinctly remember was at the KAMSC dance where everyone was in circle all singing and hugging for the last song, it was just so cute and sentimental for everyone especially the seniors!

-Riley Martell, Senior

I really liked the dances, especially the spring one! I think they were a nice way for everybody to connect and they were really fun!

- Nell Barlow, Senior

Some things that stand out to me were student Senate's exam goodie bags, KAMSC dance, and the embryos in biomed. Seeing those was amazing! Seeing the 2-day-old embryo was my favorite.

-Jamila McKenzie, Senior

Seeing everybody seize opportunities for their future.

-Otto Kailing, Senior

I think my favorite part in general was how we got to choose our schedule (which in turn gave me a free period).

-Michael Tarn, Senior

Building cabinets in Advanced Physics was pretty fun.

-Connor Bach, Senior

Hanging out with my friends during free 6th and being able to go out for a snack or drink before Astronomy.

-Connor Sloan, Senior

My favorite part of this year was the Sci-Fi Film Fest. I finally stayed the whole time this year. It's amazing how great old 70's disco tunes sound after 24 hours of no sleep.

-Judy Smith, Senior

The senior lunch was my favorite. We got to connect with our peers and teachers, as well as take pictures with the whole class. It was cool to have one last gathering of all of us at the same time

-Jason Taft, Senior

My favorite part of the school year was the final two songs at the Gatsby dance. Second to last the DJ played Lana Del Rey's "Young and Beautiful", and everyone formed a 300 person swaying circle, arms around their neighbors, and sang like no one was listening. After that, the DJ played "Don't Stop Believing" and the circle collapsed into itself to form a giant, tight knit huddle. We BELTED the words. Being a part of a community is as inclusive and uninhibited as KAMSC has definitely made my high school career.

-Grace Beverage, Senior

The first thing I thought of was Film Fest, but there was a fire drill in the fall when Dr. Tanoff made an announcement and made the siren sounds himself, which was hilarious!

-Deborah Torres, Sophomore

Seeing everyone grow up and become more responsible, independent people was definitely the best. Also, seeing where people are going to college was great.

-Drew Schaefer, Senior

Playing Mario on our calculators in calculus.

-Ziyan Mo, Senior

My favorite part of sophomore year was getting to know all my friends so much better! I've continued to make so many new companions at KAMSC this year.

-Zoha Aqeel, Sophomore

My favorite part was probably hanging out during my free fourth period, when everyone would sit down in the student lounge. People took naps, we played Cards Against Humanity, and Ben Beach shared that his music tastes were far different from what everyone expected...it was good.

-Quincy Bullmer, Senior

Horrorscopes



Lily Kitagawa

Astrology

Anyone who's been through Mr. Sinclair's class knows that "astrology is a load of 'something inappropriate for the classroom.'" But with summer approaching, he won't even have to know about these divinations (based on your favorite KAMSC teacher).

Chapoton: Your summer will be filled with fun and relaxation! Make sure to not fall behind on schoolwork, though... summer reading is substantially less horrific if proper time has been allotted. A college visit wouldn't be a bad idea either, if circumstances allow.

Alshehri: Be careful! Difficulties are on the horizon, perhaps in the form of final exams, but there's nothing that can bring you down if you study adequately. After overcoming this hurdle, you should be ready to take on anything (or just take some time to relax).

Kalnins: Make sure to surround yourself with positivity as the end of the year approaches. Plenty of opportunities lie in the future so make sure not to get too bogged up in the stress of the present. Focus on your goals and give the last stretch of the school year everything you've got!

Houtrouw: You've been trying to take on a lot lately. Slow down and make sure you follow through with each task before moving on to the next; doing a thousand things poorly is not nearly as rewarding as putting all your effort into a single thing you are passionate about.

Hach: Life's been giving you some surprises, but not necessarily bad ones. Take each day as it comes and try to plan for the future as much as possible. Go easy on yourself; sometimes everything doesn't have to be perfect for it to work.

Milka: You may have felt a little isolated lately because of how frantic the end of the year feels. That's not necessarily a negative thing (it certainly helps your productivity), but be sure to reach out to your friends and tell them how much you appreciate them.

Hampton: The skills you've learned at KAMSC will allow you to help out a friend in the future. You'll definitely be very busy and a little overwhelmed, but happy. Busyness can be a good thing when activities are engaging!

Cardwell: Take some time for yourself! You've been working yourself too hard with research and have forgotten how to have fun in the process. Set aside time for family and friends and make sure to remind yourself to focus on what's really important.

Sinclair: ☹️

Dear Grace...



We all know getting through the school year can be tough, and that some dilemmas need a second opinion. Submit any of your questions, qualms or queries to 'Ask Grace' at kamsc84steps@yahoo.com for anonymous & amateur advice. Questions are also accepted in the form of sealed letters quietly slid across tables, no questions asked.

Dear Grace,

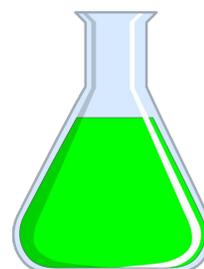
Scheduling at KAMSC is technically over, but I am still freaking out over my class choices for next year. In my latest estimates, there are roughly 3,471 factors that play into class selection, and I am worried that I am not adequately accounting for all of them. I want classes to prepare me for college and especially for my major, and also be able to earn a 5 in every AP tests possible at the end of the year to eliminate college credits, but I am worried about having an adequately rounded course schedule for college applications, and most importantly I worry that I might put too much on my own plate and end up in the stressful situation of writing letters to an advice columnist at 3:00 a.m.. What should I do? What should I take? Help me!!!

Sincerely,
Panicked Planner

Dear Panicked Planner,

Calm down, bud. Class scheduling can be rough, but the great part of KAMSC is that it is hard to make a bad choice. My biggest advice in this area is to take classes that interest you, and especially those that you can't take at your home school. As another pointer, I truly believe that you have not had a full KAMSC academic experience until you have taken a class with Ms. Hach or Mr. Alsherhi. While almost all classes with these teachers can be considered optional, these courses are the closest KAMSC gets to the college experience. While challenging, I can attest to the deeply rewarding nature of organic chemistry and biochemistry, as well as advanced physics and advanced calculus. Additionally, most of the KAMSC AP classes have truly remarkable success rates on the AP exams, so if you are looking to knock out a college credit, taking an AP class is quite truly advisable. If these tips alone are not enough to calm your nerves, remember that both KAMSC teachers and current KAMSC upperclassmen are always more than happy to talk with you about the classes they teach or take here.

Sincerely,
Grace



Dear Grace,

Since Spring Break, my motivation levels have been at an all time low. Summer seems so close, and I truly burned myself out during the long winter months. With spring sports, spring fashion, prom, graduation, and the beautiful weather outside, the last thing I can focus on is school. I want to do well on my finals but I also have no motivation to study. I barely have the energy to finish writing this letter.

What should I do?

Sincerely,
Spring Break-Down

Dear Spring Break-Down,

Honestly, I am right there with you. I can feel the summer coming like it is going to start tomorrow, and I have close to no motivation to accomplish anything until the 11th hour. If I turn in this column any later it will have to be added as an insert. Speaking of which, I'm going to have to cut this response a bit short in the interest of time.



Sincerely,
Grace



Dear Grace,

Do you ever have those moments when all you can think is: "MY LIFE AT HOME IS ENDING. I'M NEVER GOING TO SEE MY FRIENDS AGAIN. NEXT YEAR I AM GOING TO BE SO ALONE."? Because me too. I am not entirely sure if I am seeing the past with rose tinted glasses or if I am just mourning the end of an era in my life, but I am feeling all of the sadness all of the time. At the beginning of the year I thought that seniors were supposed to be elated about graduation, but now I am wondering how I am going to explain to my dogs that I will not be around as much. Often times I find myself driving around town, listening to sad music and crying at the simple beauty of my small-town roots. I don't know what to do to deal with the fact that I am leaving. Please help.

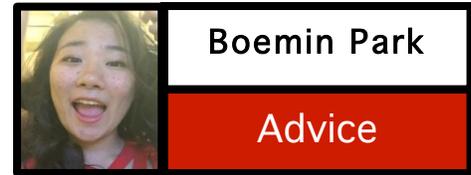
Sincerely,
Sappy Senior

Dear Sappy Senior,

I am right there with you bud. Leaving home is a very scary prospect. Maybe you won't have a "best friend" at college your first year. Maybe your dogs, parents and younger siblings will get used to not having you around and start using your room for storage. Classes will be harder, disposable income will start to be spent on things like paper towels and text books, and dorm food paired with an end to high school sports will threaten all of us with the "first year fifteen". Wow, now that I think about it things could be a little rough. Oh well. There's no way out but through.

Sincerely,
Grace

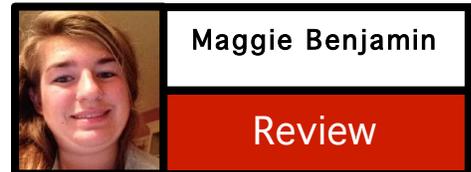
Funny Quotes



- "I'm all for biodiversity and everything, but I could really do without squirrels. Don't tell Ms. Hach though! If you tell Ms. Hach, I'll give you an F."-Mr. Alsheri
- "According to Kyle Ladd, half of the US is obese and the other half is vegan." - Danielle Janowicz, PN Junior
- "I put down Drew and his poptarts for best dynamic duo in the KAMSC mock elections." -Matthew Krinock, PN Senior
- "If AP stood for 'Advanced Procrastination,' I'd be dropping 5s everywhere." - Tony Kayany, PC Senior
- "I've lost 20 pounds during withdrawals, so chin-ups are a heck of a lot easier now." -Mr. Houtrouw on quitting caffeine
- "I guess you could say that the people taking the AP Literature exam are getting lit!" - Rachel Torres, PN Senior
- "I like sleep too much for someone who doesn't get enough of it." - Alexa Vanderhoff, PN Senior
- "I would have shown you a movie with the new high-definition projector but the presentation center is holding some dumb meeting right now." - Mr. Sinclair to his astronomy class
- "Wow, the big one is guarding the dead one's body. It must have been its son. What a modern tragedy." - Drew Schaefer, regarding a dead fish in the KAMSC fish tank
- "I'll trade my school box tops for more absences." - Tony Kayany, PC Senior



Top Picks of Netflix



With the school year winding down and summer quickly approaching, it is important to figure out what you want to do with these next three summer months. As a professional Netflix binge watcher, I thought I would let you know what my favorite shows are so that if you find yourself bored you can have something to do! Here are some of my favorites!

- Gossip Girl
 - If you have not watched Gossip Girl yet, you need to stop everything you're doing and go watch it right now. This show lets you live vicariously through Manhattan's Upper East-Siders as you follow the drama of these privileged teens. 11/10 recommend.
- Orange Is the New Black
 - This show is a little vulgar, but it is very high quality. Watch Piper Chapman's struggles as she goes from living in a nice home with her fiancé to a woman's prison for a crime she committed in her youth.
- The 100
 - Okay so I am a huge fan of post-apocalyptic shows, so this one is right up my alley. 100 teenaged exiles are sent from a dying space station to Earth 97 years after a nuclear apocalypse to see if it is inhabitable now.
- Lost
 - I watched this show a few years ago and I really enjoyed it. There are lots of episodes (like over 200!!!) and lots of weird plot twists. The show follows the survivors of a plane crash on what they think is a deserted island. As the show progresses the mysteries of the island are unwound and the survivors hope of a quick rescue diminishes.
- Grey's Anatomy
 - Ooooooh this show is perfect for all you KAMSC nerds out there wanting to be surgeons! This dramatic show follows the work life and personal life of the staff of Seattle Grace Hospital/Grey-Sloan Memorial Hospital. This show also has lots of episodes, which is nice (on the 12th season now!!!!).
- Criminal Minds
 - This is the show that I am currently binge watching! Along with the post-apocalyptic shows, I'm also a pretty big fan of murder mystery shows, (this one is pretty twisted and dark). This show follows a team of FBI behavioral analysts as they get in the head of, track down, and catch dangerous criminals and serial killers.

- The Office
 - This show is so funny!!! If you need a quick watch (or something to lighten the mood after watching a show about serial killers) this is the one to watch. Watch the clueless boss of the Dunder Mifflin paper company, Michael Scott try to run his office.
- Fuller House
 - I have not watched this show quite yet, but it is the first on my list for this summer. Growing up, Full House was my absolute favorite show (and I still like to watch it), so I can't wait to see what they've done with this remake!
- The Vampire Diaries
 - If you love vampires, teenage drama, and dark secrets, I recommend you watch this show. After the death of her parents, 17-year-old Elena Gilbert meets a mysterious new student at her high school, Stefan. Watch as the vampire drama unfolds. Basically Twilight except it makes more sense and is a lot better.
- One Tree Hill
 - Probably my favorite show of all time. It's a little slow to start, but once you get through the first season you won't be able to stop. The show follows the eventful lives of teenager living in Tree Hill, North Carolina. Trust me when I tell you this is the most dramatic show out there. You have to watch. Please.
- The Fosters
 - I watched this show when it was airing on ABC Family (RIP) and I remember really enjoying it! It's about a girl and her little brother who are in the foster care system. They are taken into a home and the show follows this family.
- Friends
 - I haven't watched this show yet, but from what I hear it's a must watch. I see episodes occasionally on late night TV, but I'm planning on watching the entire series this summer!
- Psych
 - I watched this show a few years ago. It's a mix of crime solving and comedy. Watch as Shawn Spencer, a new psychic detective, helps the Santa Barbara police department solve crimes.
- The Walking Dead
 - Once again, I love my post-apocalyptic shows! And if you like zombies this is even better! I'm sure you've all heard of The Walking Dead, but if you haven't seen it yet I definitely recommend it.
- Revolution
 - Another post-apocalyptic show...who would have guessed?? This show is about what happens after all electricity and power goes out around the world.

The *84 Steps* Team

Senior Editor

Simran Singh

Associate Editors

Jawad Aqeel

Grace Beverage

Junior Editor

Lily Kitagawa

2015-16 Writers

Zoha Aqeel

Benjamin Behrens

Maggie Benjamin

Boemin Park

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